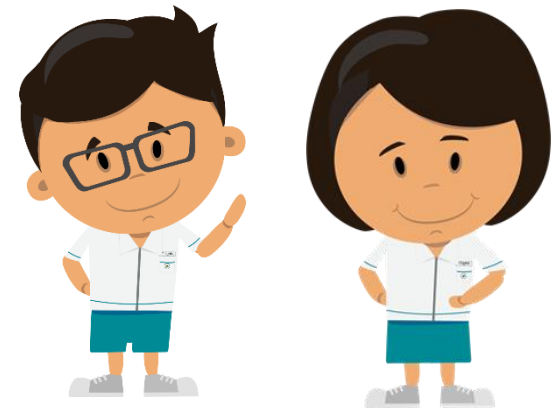


# East Spring Primary School

## Parents' Briefing

2 January 2026

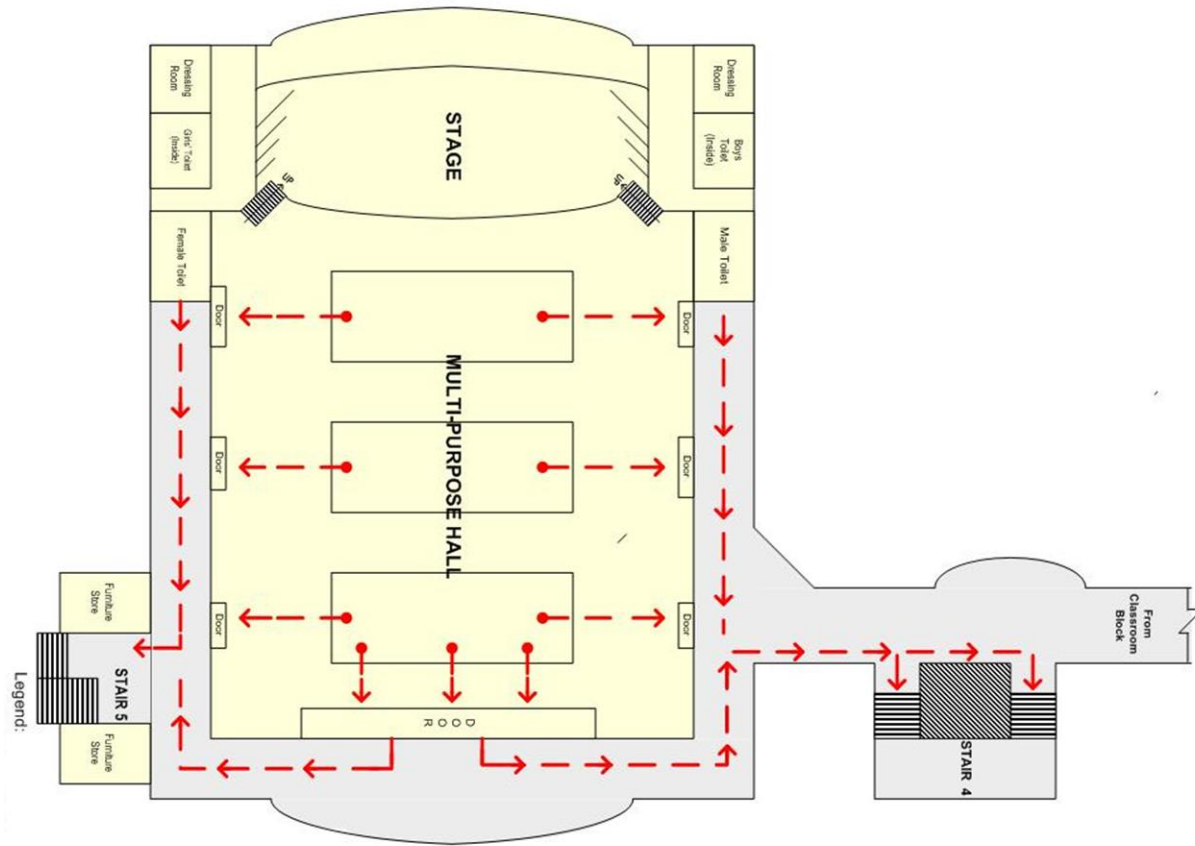


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# Emergency Evacuation Route



# Programme

Time	Programme	Venue
0810	National Anthem/Pledge taking	Hall
0815	1) Year Head Briefing 2) HOD PE/AESTHETICS/CCA Talk – Mr Azhari Question and Answers	Hall
0900	Recess	Canteen
0935 to 1015	Form Teachers' Interaction	Level 2

# Year Head Talk 2026



**Gracious School , Life-long Learners**



# Agenda

01

Let's SPRING

02

CYBERWELLNESS

03

Importance of Reading

04

Learn for Life

05

Question and Answer





# What will your child do during Let's SPRING?

- Social Skills
- Positive Mindset
- Bonding Games
- Walk for Rice



# Let's SPRING

		Reporting Time	Dismissal Time	Recess	Things to bring
Day 1	Friday, 2 January 2026	8.00am	12.30pm	1S1 -1S5 9.00am – 9.30am	<ul style="list-style-type: none"> <li>stationery</li> <li>storybook</li> <li>water bottle</li> </ul>
Day 2	Monday, 5 January 2026				
Day 3	Tuesday, 6 January 2026	7.30am	1.30pm	8.30 am to 9.00 am	To be advised by teachers on second day of school



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# Cyber Wellness





# Type word/s to describe how you feel about your child engaging in social media.

Join this Wooclap event



1

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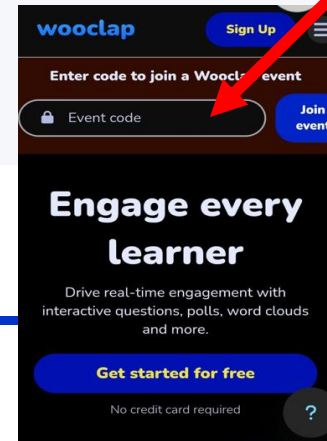
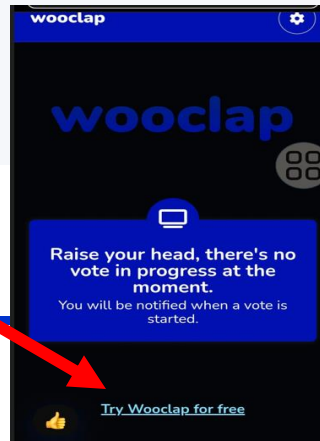
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# Do you know?

**67% of children aged seven to nine in Singapore use smartphones every day, and are active on social media**

DEVICES USED DAILY BY CHILDREN (%)

	Overall	Aged 7 to 9	Aged 10 to 12	Aged 13 to 16
Smartphone	84	67	85	98
Personal laptop	32	13	30	51
Family laptop	36	44	37	27
Tablet/iPad	52	65	51	40
Others	5	7	5	5

Source: The Straits Times, 7 Feb 2021

Age when they started using social media

Current age/ Starting age	Overall	Age 7 to 9 years old	Age 10 to 12 years old	Age 13 to 16 years old
3 years old or below	9%	17%	6%	4%
4-6 years old	25%	42%	24%	11%
7-9 years old	39%	41%	46%	31%
10-12 years old	22%	NA	24%	40%
13-16 years old	5%	NA	NA	14%

## Parents may not be aware of the online risks

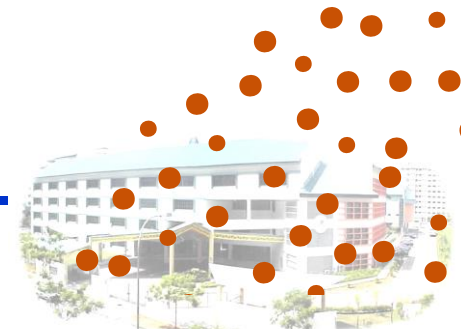
Parents might not be aware, but...

**1 in 3** children has chatted with strangers online

**1 in 3** children has been exposed to pornographic materials

**1 in 4** children has overshared their personal information

Source: MLC-TOUCH Parent Child Poll Findings, 22 Aug 2023

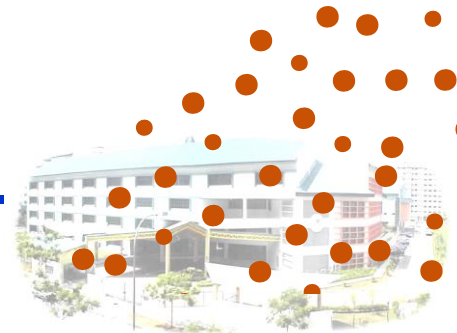


## Did you know?

Studies show excessive computer use in 5-8 year olds harms:

- 1) physical health
- 2) mental well-being
- 3) cognitive and social development

Key issues include reduced interaction, poorer brain structure, and increased risk for emotional/behavioral problems



# What is Cyber Wellness?

Cyber Wellness is about our students being able to navigate the cyber space safely.

- This is done through our curriculum which aims to
  - **equip students with the knowledge and skills**
  - maintain a **positive presence in cyberspace**; and
  - be **safe and responsible users of ICT**.



# What will Pri 1 and 2 students learn about Cyber Wellness during CCE (FTGP) lessons?

During CCE(FTGP) lessons, students will be taught:

- Basic online safety rules
- Importance of a balanced lifestyle in
- Protecting personal information

\*Character and Citizenship Education(Form Teacher Guidance Period)



E.g. Lower Primary Lesson on Staying Safe in the Cyberworld





# What will Pri 1 and 2 students learn about Cyber Wellness during CCE (FTGP) lessons?

## ● Cyber Contacts

- Understand the profiles of strangers
- Recognise the dangers of chatting with strangers online

## ● Parents are strongly encouraged to participate in the “**Family Time**” activities in the CCE (FTGP)

E.g. Family Time in the lesson on Staying Safe in the Cyberworld



**Family Time!**  
Share 'My Online Safety Code' with your parents/guardians, siblings and other family members.

I can...

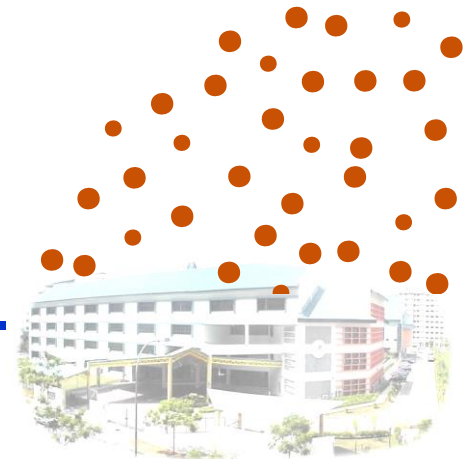
- **share** with my family members how I can be safe in the cyberworld.
- **remind** my family members to follow the safety rules together.

**We did this together!**  
Parent's / Guardian's signature



# What other Cyber Wellness programmes do we have for our students?

- Assembly Programmes
- Form Teachers and Year Head Talk
- Social Skills Lessons



# Students will use GenAI to learn in an age-appropriate manner

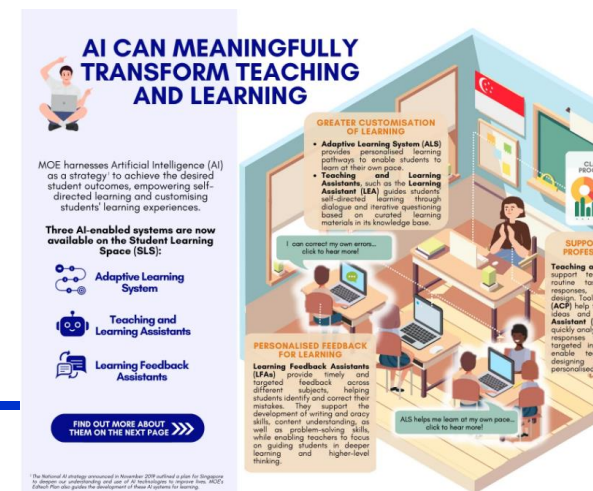
1. AI use for teaching and learning will be **age- and developmentally-appropriate**.

- **Pri 1 to 3 students** will mainly engage in hands-on experiences, with **little or no** direct use of AI tools.

2. The tools are available in the Students will use the Singapore Student Learning Space (SLS). Teachers will incorporate these tools within the assigned SLS modules.



Scan QR code to read more about SLS AI-enabled features!



# What are the school ICT policy?



- Responsible users online and stay safe while using the internet and other digital technologies for educational, personal and recreational use
- Protect from accidental or deliberate misuse that could put them or other students at risk



# How can you better support your child's digital habits?

## Achieving balanced screen time

Scan QR code to download the Ministry of Health's Guidance on Screen Use in Children for more information.





# How can you better support their child's digital habits?

**Using parental controls to manage device use and stay safe online**

Download the Ministry  
Guidance on Screen Use in  
Schools Information.



# How can you better communicate with your child on digital habits and matters?

- Providing a safe space for conversations
- Role modelling respectful conversations
- Have regular and open conversations





# Importance of Reading



# Importance of Reading

- Crucial for developing language, cognitive (brain), social, and emotional skills
- Build vocabulary
- Boost imagination
- Improve focus
- Lay a foundation for academic success and lifelong learning



# How to Foster Reading

- **Make it a Habit**

Read daily (about 20 to 30 minutes) to increase word exposure.

- **Make it Fun**

Let your child choose books and discuss the stories to keep them engaged.





# **Learn for Life**

## **Changes to School-Based Assessment (SBA)**

# Changes at a Glance

## School-based Assessment Structures

### P1 & P2

Removal of all weighted assessments  
(including P2 year-end exam)



# Changes at a Glance

## Refreshing the Holistic Development Profile (HDP)

- > Use of indicators to report students' development in both academic and non academic domains (e.g. physical fitness, involvement in community-based and co-curricular activities etc.)

### P1 & P2

- > Use qualitative descriptors to report students' learning in all subjects. Non-academic indicators will be retained

### All other levels

- > Academic indicators adjusted for HDP. Non-academic indicators will be retained

## How will I know about my child's progress?

Parents will be kept informed of the child's progress via:

- reviewing students' homework, class work and tests
- Parent Teacher Meet (PTM)



# **How will my child's academic progress be measured if there are completely no examinations and weighted assessments at P1 and P2?**

- Current practices to gather information about students' learning through checkpoints (e.g. class discussions, in-class work, homework, and bite-sized tests) will continue.
- The change is that these checkpoints will no longer count towards a numeric result.
- Use of qualitative descriptors instead of marks and grades to report students' learning progress in the report book (Progress Report).



# Assessment Structure in East Spring Primary .....

Level	Semester 1		Semester 2	
	Term 1	Term 2	Term 3	Term 4
Primary 1	FA			

## **Formative Assessment (FA)**

Assessment that is carried out to provide feedback to improve students' achievement of intended learning outcomes. Eg: Math Journal, Show & Tell etc.

# Holistic Development Profile

## Reflection of Learning Outcomes & Qualitative Descriptors

Holistic Development Profile			
		Date :	6 Nov 2023
Name :	JJ Lim	Identification No :	T xxxxxxx A
Age on 1 <sup>st</sup> Jan :	6	S/N :	5
Class :	P1-Respect	Course :	Primary One
Form Teachers :	Miss Tan AL		
	Miss Low S		
		Learning Outcomes for each subject	Qualitative descriptors
SUBJECT			
MATHEMATICS			
• Understands number notations, representations and place values up to tens.			Accomplished
• Understands the concepts of addition and subtraction, including the relationship between adding and subtracting.			Competent
• Matches, sorts, compares and orders quantities/objects (e.g., by colour, shape, size or orientation.)			Competent
• Adds and subtracts reliably and fluently using number facts.			Developing

# How will we allocate classes from Primary 1 to Primary 2?

- En-bloc promotion



# Learning disposition in East Spring Primary .....

Learning Dispositions	Actions
<b>Joy of Learning</b> <b>Enthusiasm</b> <b>Diligence</b> <b>Resilience &amp; Grit</b> <b>Open-Mindedness</b>	<ul style="list-style-type: none"><li><input type="checkbox"/> Showing passion and enjoyment in learning</li><li><input type="checkbox"/> Showing great interest in learning new things</li><li><input type="checkbox"/> Asking questions to deepen understanding</li><li><input type="checkbox"/> Showing curiosity in learning new knowledge</li><li><input type="checkbox"/> Focusing energy on accomplishing tasks to the best of his/her ability</li><li><input type="checkbox"/> Evaluating work and understanding the importance of accuracy &amp; precision of the tasks</li><li><input type="checkbox"/> Staying on task no matter how difficult it is</li><li><input type="checkbox"/> Seeking and exploring new ideas and possibilities</li></ul>

# Encourage Joy of Learning!

## Encourage Joy of Learning by

- not over-emphasising academic performance
- focus on your child's learning journey, rather than compare them to others



### Don't focus only on results

Encourage them to pursue their strengths, interests and try new things.



### Set goals together

Talk about their strengths, abilities and goals and how they can achieve them.



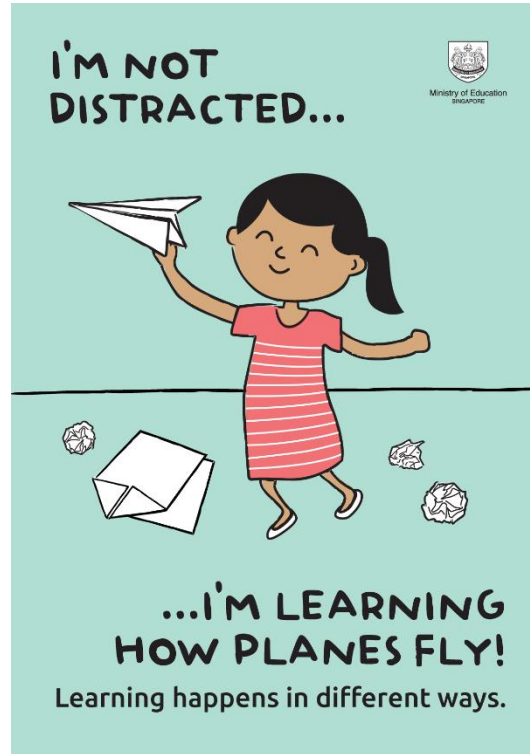
### Don't compare

celebrate their successes instead of comparing with others.





# Give our children the time and space to deepen learning





# Select 4 choices on what you feel are important in your child's education?

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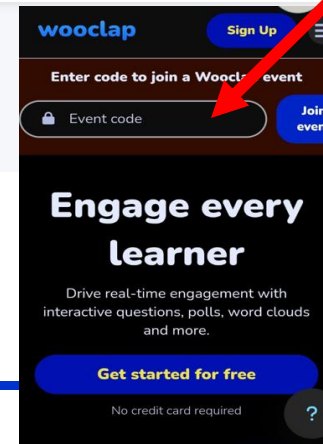
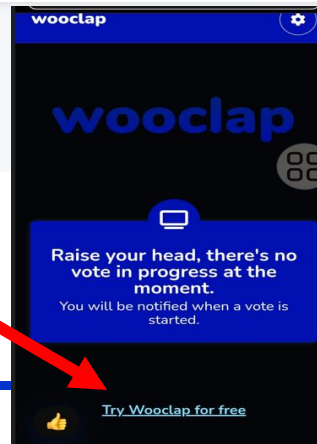
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# Thank you

Mdm Marhamah Yusof  
Year Head (Lower Primary)  
[marhamah\\_yusof@moe.edu.sg](mailto:marhamah_yusof@moe.edu.sg)





# Questions & Answers

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