

21 Jan 2025

Dear Parent,

School Health Screening

- 1. The Health Promotion Board (HPB) will be conducting our annual health screening for your child this year. This will allow for early detection of health issues and encourage building of foundational healthy habits.
- 2. This year, as part of the Grow Well SG initiative, Primary 1 to 3 students will be given a personalised lifestyle prescription as part of their **Health Plan** based on your responses in the Child Lifestyle Questionnaire and your child's interests.
- 3. Your child will receive the following age-appropriate health services:

Educational Level	Health Screening Services
Primary 1	Height and BMI
	Vision screening
	Hearing screen
	Lifestyle prescription
	 Vaccinations if required^
Primary 2	Height and BMI (for selected students)
	Vision screening
	Lifestyle prescription
Primary 3	Height and BMI
	Vision screening
	Lifestyle prescription
Primary 4	Height and BMI (for selected students)
	Vision screening
	Colour vision screening
Primary 5	Growth and development assessment
	Colour vision screening
	 Spinal screening for scoliosis* (for female students)
	 Vaccination against Tetanus/Diphtheria/Pertussis and Polio (Tdap/IPV
	Booster 2)
Primary 6	 Spinal screening for scoliosis* (for female students)

[^] Tdap/IPV (Tetanus/Diphtheria/Pertussis and/or Polio) or MMR (Measles/Mumps/Rubella) vaccinations may be given if found to be incomplete as per the National Childhood Immunisation Schedule (NCIS).

^{*} Female students will be briefed and examined in private for scoliosis, with their top removed. The doctor or nurse will check their back for abnormal curvature while they are standing upright and bending forward. If further assessment is required, they will be referred to the Student Health Centre, HPB.



- 3. At the end of the health visit, you can find your child's **Health Plan** online via the *School Health Assessment Summary Report on* <u>HealthHub.</u>
- 4. Our health services provide provisional findings based on selected basic assessments. For more information, please refer to the links provided. If you have any concerns about your child's health, we encourage you, as the parent, to consult with your family doctor or an appropriate specialist, as you hold the ultimate responsibility for your child's well-being.
- 5. By allowing your child to be enrolled in these services (health screenings and vaccinations), you agree that HPB may share your or your child's personal information to our authorised partners¹ to support your child's health. We or our authorised partners may contact you or your child to provide better support for your child's health needs, seek feedback to improve our services, or to inform about relevant programmes and events offered by us or our partners.
- 6. If you do not wish for your child to undergo HPB's health screening in school, please write to Contact YPS@hpb.gov.sg.
- 7. For more information, please click on the links below:
 - Health screening and vaccination
 - GWSG

Thank you.

Director

Youth Preventive Health Service Health Promotion Board

¹ HPB's authorised partners include Government Agencies, vendors and healthcare institutions.